

# Acupuncture

- Acupuncture services may be provided by an acupuncturist or a physician (Chiropractor, MD or DO). Typically the first visit to an acupuncture provider, will involve a comprehensive health history assessment.
- Acupuncture services that are considered eligible, are those used to treat a diagnosis for pain or nausea due to chemotherapy, early pregnancy or post-operative procedures. Acupuncture services that are not considered eligible, are those used as an alternative to anesthesia or for some other medical services. Acupuncture, when eligible, is covered under all CBIZ medical plans.
- For those enrolled in the \$500/\$1000 Deductible Plans, in-network services will be subject to copayments (either a Primary Care Physician or specialist copay depending on who bills). Out-of-area providers will be subject to deductibles and coinsurance. For those enrolled in the QHDP, both in-network and out-of-network services, will be subject to deductibles and coinsurance. Services will be subject to a maximum of 24 visits per member per calendar year.
- To locate an acupuncture provider, log into [www.myuhc.com](http://www.myuhc.com) and follow the instructions provided below. If you are unable to locate a provider within 30 miles of your home zip code, please contact UHC for assistance. You may be eligible to request a Network Gap Exception. This should be requested no less than 15 days prior to your acupuncture visit.



## Did You Know?

- ❖ Most experts would say that acupuncture is at least 2000 years old.
- ❖ Despite the powerful technology available today, even the modern physicists cannot explain exactly how this ancient healing therapy works.
- ❖ Acupuncture is the study of 'vital energy' within the body's pathways; know as 'meridians and channels.' Acupuncturists engage subtle human energies, otherwise known as 'Qi' in order to promote health and healing.

CBIZ wants to ensure you have convenient access to the tools, plans and resources we offer to assist you in managing your health and the health of your dependents.

Acupuncture, also known as needle therapy, is a traditional Chinese medicine system used to reduce and alleviate pain by inserting needles into certain areas of the body known as acu-points. There are approximately 1000 acu-points on the surface of the body. These acu-points may or may not be in the same area of the body as the targeted symptom. For example, the acu-point to treat for nausea is located on the hand.